

# Solastalgia and Recovery

**By Kendrea Rhodes** -As the weeks and months pass since the Cudlee Creek fires, people are learning to live with grief, stress, relief, pain, loss and gain. Feelings of anxiety feed into a kind of homesickness when community, home and identity are disturbed – this distress, caused by environmental change, is also called solastalgia.

In the township of Lobethal, the old Woollen Mill is responding to many of the community needs in practical and creative ways through Fabrik Arts + Heritage, the Adelaide Hills Council, and the State and Federal Governments.

'Solastalgia - an antidote' is an Adelaide Fringe exhibition responding to an environmental crisis where artists discover ways to ease



The former Onkaparinga Woollen Mill in Lobethal is the home to Fabrik Arts + Heritage, local businesses and the Cudlee Creek Bushfire Recovery Centre. The Centre is open from 7am – 7pm at 1 Lobethal Road, for more information visit: www.ahc.sa.gov.au/Resident/cudlee-creek-fire or phone the Recovery Hotline: 1800 302 787. Photo courtesy Adelaide Hills Council.

the pain of adjusting to changes in the place we call home. Fabrik will host the exhibition in Building 21, opening on February 16<sup>th</sup> at 6pm, then every Thursday to Sunday, 11am - 4pm, until March 15<sup>th</sup>.

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### **"YOU MATTER TO GOD"** Kersbrook Church of Christ

Contact Pastor David on 0458 589 996 or someone at your local church to find out more of God's love for you.

**3 INCONVENIENT TRUTHS:** This past week as I prepared for a funeral, I was reminded of three inconvenient truths.

The first 'truth' that struck me was what we call 'global warming' Over 30 years ago in 1989: Al Gore, began a campaign aimed at alerting the public to what he saw as an increasing "planetary emergency" due to global warming. A docu-

For next issue, ads & editorial

Tuesday, February 18th, 2020

Paper out: Saturday, February 22nd, 2020

mentary of his campaign was made into a film in 2006. The film was fittingly called AN INCONVENIENT TRUTH:

Initially he was ridiculed, mocked, and ignored; accused of scaremongering by those who didn't want to know, 30 years on those who deny what is n o w c o n s i d e r e d "scientific fact" are the ones who are ridiculed and mocked.

The second 'inconvenient truth' that struck me as I prepared for the funeral is that death is a reality. As much as we may try to ignore it, we all have an appointment with death at some stage along this journey we call life. Some of us may see it coming and others will be caught by surprise, but the end result will be the same. It has been well observed that Funeral Directors always have someone in need of their services.

The third inconvenient truth' is only inconvenient for some, perhaps most people. This is that Jesus Christ lived, died and rose again from the dead, and that those who place their faith in Him will also rise from their deaths to live forever. In fact, the Scriptures tell us that if we believe in Jesus we will not experience death at all, but simply move on into another realm.

The apostle Paul, who met with Jesus after His resurrection, tell us that "to be absent from our bodies is to be present with the Lord."

Many people these days find this a very inconvenient truth, Why, because most people <u>prefer</u> to believe that God doesn't exist, because most people want to do what they like, and God will only get in the way.

God's creation clearly witnesses to His existence. The amazing order and complexity found in living things is a very inconvenient truth which cannot be denied. It surely takes much more faith to believe that blind chance brought about all that we see around us than it takes to believe in God.

In fact, God declares that unbelievers are "without excuse." Jesus said to His disciple Thomas, "I am the way, the truth, and the life. No one comes to the Father except through Me.

John 3:16 For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

Because you matter to God, He offers you the gift of eternal life, if you will believe in Jesus.

Why not find out for yourself what is really true?





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The CE Property Group team sends thoughts and prayers to the Adelaide Hills communities affected by the Cudlee Creek Bushfire.

As a community minded agency, we will support our local community where we can.

Please contact us if you require any assistance 8568 5105



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"Figures relate to CE Property Group's performance up to 31 December 2019. RLA100925. This a general promotion.



## Admirable start to the year for Mt Pleasant Farmers Market

At the recent Australia Day celebrations, the Mount Pleasant Farmers Market was awarded the 2019 Australia Day Community Award, presented to Market Manager, Genevieve Hebart. Mt Pleasant Community Association Inc. Chairperson Paula Bartsch said, "This community award is for the Management and the Stall Holders who, during the Cudlee Creek fires responded under extremely trying conditions to not only open for our community, but also for those who had been evacuated from their homes."

Mt Pleasant Farmers Market Chairperson Ashlev Dent said, "That indicates clearly that a very strong sentiment of gratitude runs throughout our community for the decisions made that weekend. Obviously, no organisation can actively encourage risk for any of its people, however, paradoxically bravery and courage can seldom exist without it. We're unable to rewrite that weekend or alter the decisions made. however. clearly enough of our community felt compelled to illustrate their thankfulness for our Market over that challenging weekend."

In the following weeks



after the Adelaide Hills fires the market held a bushfire recovery appeal and raised just over \$4000 on a single market morning. On appeal day, market management donated all stallholder fees, all gold coin donations offered at the gate and market stallholders generously donated a percentage of their takings.

In further response to the Adelaide Hills fires the market proudly has formed an alliance with the Upper Torrens River Landcare Group, Seeding Natives Inc., Barossa Bush Gardens, Mt Pleasant Natural Resource Centre Inc., Cudlee Creek Fire - Garden Recovery, and Kersbrook Landcare Group Inc. to aid in re-vegetation for those affected by fires. As part of the project plan, the Alliance will be holding a series of volunteer workshops over the coming months at the market. These workshops are part of the long-term plan for the bushfire recovery effort with which the market will be involved.

The market also celebrated its 8th birthday early in February. Boasting many achievements in their eight years, including over \$100,000 raised through market initiatives, Market Members were the instigators of the fundraising and building of the community atrium, and the new toilet facilities at the Mount Pleasant Showground. The market initiated and continues to support the SA Spring Garden Festival, a major event for the township of Mt Pleasant, along with Mt Pleasant SALA exhibition, and in past years has hosted amazing regional Tasting Australia events.

The Mount Pleasant Farmers Market is open every Saturday from 8am to 12 noon at the Mount Pleasant Showgrounds. For any or customer or stall holder enquiries please contact Terese Stephens - manager mpfm@bigpond.com.



# Solastalgia and Recovery

#### **CONTINUED FROM PAGE 1**

Lobethal poet. writer artist. and Belinda Broughton and Cudlee Creek resident, Joan Gibbs, ecologist from the University of South Australia, will share their thoughts on solastaglia on opening night. How apt that the Mill - a subject to place change for 150 years; a place saved by the CFS and water-bombing aircraft; a place beloved by its community - is now best placed to offer solace from solastaglia. For more information please

visit fabrik.org.au/ solastalgia.

The arts bring communities together and aid recovery; a concept not only supported globally, but also through the overwhelmingly positive results of past artistic events at the Lobethal Woollen Mill.

Melinda Rankin, Director of Fabrik said, 'The arts have much to offer the recovery of our community ... [and] to be most effective, our offerings need to be informed by the community's needs. ... If we can't be here for the community now, when can we be?

In response to community requests, several events are planned at Fabrik, including the rescheduled Gathered Design market. This market. run bv Woodside local Ienna O'Dell. was initially planned for December 20-22 but was cancelled due to the Cudlee Creek Fire. The renamed Re:Gathered market will be held from 11am to 7pm, on the weekend of the

8th and 9th of February at the Mill. Several workshops will also run throughout the community: 'Ukulele Workshop' at the Lobethal Bierhaus: 'Wire Sculpture Workshop' at the Amberlight Motorcycle Café; and 'Sewing for Wildlife Workshop' on the green at Mill Square. For information more please visit Fabrik's website: fabrik.org. au/whats-on

Building 20 is one of Fabrik's unique exhibition spaces; it's the old blanket finishing room of the Onkaparinga Woollen Mill and is currently the region's Bushfire Recovery Centre. Between the staff of Fabrik and Recovery Centre staff. a welcoming space has been created for all visitors. And as an important place of heritage and creativity in the Adelaide Hills, this has occurred with community wellbeing at its heart. Fabrik are open for suggestions and available to listen to community initiatives: phone 8408 0400 or email fabrik@ahc.sa.gov.au.



### Solastalgia - an antidote

16 February to 15 March 2020

In a heart-felt response to the current environmental crisis, Adelaide and regional artists explore transformative ways to mitigate the grief and disconnect associated with the passing of a once-familiar and trusted experience of 'home'.

Opening celebration 6pm Saturday 15 February

Exhibition hours 16 February to 15 March 2020 Thursday to Sunday, 11am- 4pm

Fabrik Arts + Heritage 1 Lobethal Rd, Lobethal SA fabrik.org.au

Jimage details: Aaron Poole, Flooded Gum at Cudlee Creek, 2019.



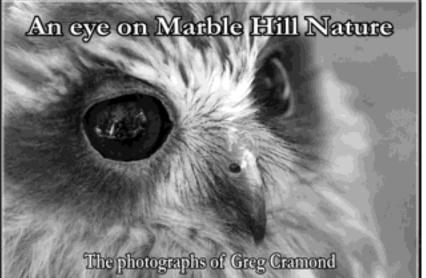




# An Eye On Marble Hill Nature, photography by Greg Cramond

Greg Cramond spends his working days at historic Marble Hill. As a keen photographer and lover of the natural world, he has captured the resident flora and fauna in a spectacular photo book An Eye On Marble Hill Nature. Using macro lens, the beautiful. colourful close up photographs of wildflowers, insects, mammals, birds, reptiles, arthropods, orchids and fungi will open your eyes to normally unseen details.

Greg will be talking at the Hills Environment Centre



about the photographic techniques he used to capture the images as well as the many species featured in the book. The talk will be held on **February**  18<sup>th</sup> from 7.30 to 9pm at the Hills Environment Centre, 4 Crescent Drive, Norton Summit and the cost is a gold coin donation.

Some images that are available for sale will be exhibited on the night along with copies of the book which costs \$50.00. The book is an ideal family reference as even voung children will be fascinated to see so many wildlife species in great detail. The book and talk will appeal to both photography and nature lovers.

E m a i l v a l hunt@ahnrc.org to book your seat for the talk.



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Closed Christmas Day

### **Torrens Valley Lions Club Update**

Such a busy start to the New Year!

For those that were/are impacted by the recent bushfires, our thoughts go out to you and hope the rest of the year brings better times. If you think our Lions Club can be of assistance to you, your family or community group, please contact one of





our members to arrange a chat and see if we are able to assist.

Australian Lions Foundation has received over \$1.153m in donations for bushfire relief from overseas and Australian Lions Clubs. To date, a total of \$625,000 has been provided by way of grants, food, clothing. personal items, water tanks. fresh gas, water,

household items and whitegoods.

Lions volunteer to manage the donations to Lions Foundation. No million dollar salaries, superannuation, fleet cars etc etc. Every dollar received goes back into the community.

Our Club was asked by Blazeaid organisers if we could assist with compiling a roster of volunteer Above: Lions Pauline and Butch cooking eggs, and Lion Anne Marie (left) preparing the pavs!

groups for the catering of daily dinners for their volunteers. The local churches of Bird-Gumeracha. wood. Kersbrook and Houghton, Springhead Community, Mt Pleasant Men's Shed. Onkaparinga Lions Club and our own club are all being rostered on for January and February. Each organisation being rostered for 1 day per fortnight. If your group would like to assist or would like more information to take back to a meeting, please contact Secretary Phil on 0419 830 754 for details.

The New Year brought a new member to our Club - a big welcome to Dennis and Allison Schilling of Williamstown!

Club members completed the painting of the foyer of the Birdwood Hall. Thank you to Kath Phillips for providing morning tea on the work days.

Our next event was the Australia Day breakfast at Federation Park, Gumeracha. All Club members and partners assisted with the cooking and serving of the free breakfast of bacon, eggs, sausages and baked beans, on behalf of the Adelaide Hills Council, for over 200 people. The weather was just right and the waterslide again proved popular with the children.

Our Club has continued to support the Birdwood Community Pantry, for those in need, during December and January with donations of groceries. Thank you to those who have donated via the local schools and Library at Gumeracha.

A special thank you to Lion Bob Willoughby amd Mt Pleasant butchers for their generosity and support.

If you would like further information on Lions or our projects, please contact one of our members - President Peter 0429 664 297, Secretary Phil 0419 830 754, or Dave 0417 821 107.



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**The Annual General Meeting** will be held at the Clubrooms, Pentelowes Road, Mt Pleasant, on Sunday 10<sup>th</sup> February at 2pm. Followed by a BBQ and video of 2019 plays. All members and guests welcome. Further info: Meg 8565 2171

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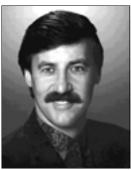


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