



Tel. 0419 034 126

Expanded polystyrene is a type of plastic that can now be recycled at the Heathfield Resource Recovery Centre. The Adelaide Hills Council have installed a polystyrene melting machine at the Centre, thanks to a Recycling Infrastructure Grant from Green Industries SA. This is a fantastic opportunity to recycle moulded polystyrenes often used for packaging. The service is free, but the polystyrene must be in particular condition to be viable for recycling - white, clean, dry and unbroken (please don't break

PO Box 47. Lobethal

it up). Landfill is convenient but not necessarily suitable for the decomposition of organic or plastic compounds. That might be surprising, because we think of organic food waste as biodegradable, right? But the Science Learning Hub tells us that 'the artificial landfill environment lacks the light, water and bacterial activity required for the decay process to begin.'

What is less surprising is that plastic compounds do



not decompose in landfill, they generally need sunlight and many hundreds of years, thousands according to some scientists. Considering that polystyrene waste also takes up considerable space in landfill, then a sensible approach to an otherwise serious pollutant is to recycle, reuse or avoid where possible.

Email. editor@alongthegrapevine.com

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"YOU MATTER TO GOD" Kersbrook Church of Christ

Contact Pastor David on 0458 589 996 or someone at your local church to find out more of God's love for you.

CHANGING OUR MINDS? I have just finished watching a very emotional Anh's Brush with Fame featuring Dr. Harry. Toward the end of the interview Dr. Harry was asked if he believed he would be reunited with his loved ones who had died.

He replied that he did not know "because nobody had ever come back to tell us."

It seems that like most Australians Dr. Harry has either not heard or has chosen not to believe that one person did come back after dying with the amazing news that death is not the end of life. Jesus Christ died and was three days in the grave before he came back to life almost 2,000 years ago.

He was seen after his death by over five hundred eyewitnesses, including those known as his twelve disciples. Eleven out of the twelve were brutally killed simply for spreading the message that Jesus came back to life after he died.

It makes no sense to believe that they died for telling a lie. Would you?

Apparently, most of us find it almost impossible to change our minds aka our world view. In fact, we hardly ever do change our minds. We tend to take in information that reinforces our belief and simply refuse to consider anything that clashes with it.

A good example of this occurred when I received an email from a man who disagreed strongly with my assertion that the God of the Bible created the universe and all that is in it, including us.

I replied to him that there are only two choices, either God did it or everything created itself. His reply, 'No, there is only ONE choice.' shows how he/we can become trapped into a mindset that allows for no opposition.

I am an example of someone whose worldview was surprisingly and radically changed when I thought about the claims of the Bible, particularly where it speaks of life after death.

We are surrounded by bad news, why not at least check out the good news about Jesus who died and came back to life. Ask God to show you the truth.

You have nothing to lose and everything to gain.

You may change your mind as you come to realize that you really do matter to God who loves you.

I changed my mind, so can you, if you choose to.



Photography buffs urged to take part in *Heritage SnAps 2021* competition

Amateur and professional photographers are encouraged to take part in the 2021 *'Heritage SnAps'* photo competition.

South Australian Heritage Council Chair Keith Conlon said the annual photography competition continues to grow in popularity each year with a number of great prizes up for grabs simply by sharing a photo of a South Australian State Heritage Place or Area.

"Heritage SnAps is about showcasing our 2,300 wonderful State Heritage Places and 17 State Heritage Areas," Mr Conlon said. "Just by entering the competition, you will be helping to promote and celebrate our State's heritage.

"It's also a great opportunity for people to learn why these heritage places are significant and so the education potential is enormous.

"This year we'd love to see people included in the photos - people out and about enjoying our wonderful heritage sites."

The four categories in this year's competition are:

1. Maritime and coastal Heritage (including photos of shipwrecks!) 2. State Heritage places to visit

3. Professional and edited

4. Young Talent (open to school age entrants under the age of 18 as at 1 July 2021)

Entries close Friday, 15 October, 2021.

The Adelaide Botanic Gardens Restaurant and Café is the proud major sponsor of this year's competition.

For more information on the competition, including how to enter and where to find lists of heritage places, visit www.environment.sa. gov.au/topics/heritage.



Publication out Saturday, July 17th, 2021

0428 606 420



Thinking of selling in 2021?

Demand for homes on large blocks and farming country remains high. As a local specialist in regional and rural properties, please call for a confidential conversation about your market appraisal given current market conditions. I am in contact with a large number of people looking for properties and ready to purchase!

INWOOD REAL ESTATE— RESPECT, RELIABILITY, RESULTS

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"Should I renovate my house before I sell?"

This is a question most home owners will ask themselves, especially before making the decision to sell. Whether it is a bathroom refresh, a new paint job or a full kitchen overhaul, these tasks can be both stressful and often much more expensive than first thought.

What should you do to your property that will add both SALEABILITY and VALUE without unnecessary time, effort and expense?

Paint? Repair? Replace? Renovate? Style? Or even ignore?

You may be surprised by how a little of the right things can make a big difference. Eliminate stress and add real value. Ask us how!

Call the CE Property Group sales team on 0488 972 888 to arrange an appointment to discuss how you can add real value to your property before you sell or to arrange a property appraisal.





New funding to support environment centres, coastal restoration and tackling weeds

The Hills and Fleurieu Landscape Board is thrilled to receive funding totalling \$1,168,964 as part of the Marshall Liberal Government's Landscape Priorities Fund.

Nine projects across the state have shared in the significant \$4.2 million funding to address priority landscape management issues.

For the Hills and Fleurieu region, this includes three projects:

- Towards Eradication - 20 weeds by 2023 (\$600,000)

- Natural Resource Centres Building Capacity (\$318,964)

- Restoring coastal and marine habitats for wildlife conservation (\$250,000)

"We welcome the funding and look forward to working with councils, conservation groups, businesses, volunteers, landowners and neigbouring regions to achieve significant on-ground outcomes with this funding," said Hills and Fleurieu Landscape Board Chair, David Greenhough.

In the *Towards Eradication - 20 weeds by 2023* project, board staff will develop 20 local eradication plans for priority weeds and work closely with the six Councils in the Hills and Fleurieu region to implement the control of the priority weeds on roadsides and council reserves.

"We need to get serious about eradicating weeds that are a threat to agriculture and ecosystems in our region. The funding for the *Towards Eradi cation – 20 weeds by 2023* project will enable us to put a real focus on this," said David.

The Natural Resource Centres Building Capacity project will provide critical funding for the Natural Resources Centres across the Hills and Fleurieu, Northern and Yorke and Green Adelaide regions to support community participation in landscape management activities.

The Restoring coastal and marine habitats for wildlife conservation project will support Hooded Plover populations by working with community groups and local councils to remove introduced grasses and revegetating local native spinifex in the dune systems from Myponga Beach to Goolwa. The project will also work with OzFish on 'Seeds for Snapper' seagrass restoration at Lady Bay and possibly Encounter Bay. This involves working with volunteers to collect and sort seagrass seeds from the beach and ocean, and distributing them to recreational fishers, who deploy them out into the bay.

The Landscape Priorities Fund is funded from landscape levies collected in the Adelaide metropolitan area and redistributed to South Australia's regional landscape boards to enable them to work in partnership with other groups and individuals and invest in environmental projects.

Minister for Environment and Water David Speirs said the historic program was a key part of the Marshall Liberal Government Landscape SA reform to deliver a more effective, decentralised, back to basics approach to natural resources management.

"Landscape SA is about building partnerships, rolling up your sleeves and working together to support our landscapes to thrive – leading to healthy and resilient communities, sustainable production, prosperous businesses and flourishing ecosystems," Minister Speirs said.

For more information contact the Hills and Fleurieu Landscape Board through: www.landscape.sa.gov.au/hf/ home

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Lions Update



Torrens Valley Lions Club started its new Lions year with the handover dinner last Saturday, held at Birdwood with catering of a delicious lunch cooked and served by Birdwood Lutheran Ladies.

Bruce Tapp was sworn in as 2021/22 President, Lion Phil Dennis as Secretary, and Lion Chris Molloy as Treasurer, by Zone Chairman John Reed.

Lion, John Gardner MP was the Master of Ceremonies!

Our work in the community continues with the 5c & 10c drive. Bunnings BBQ's and Recycle for sight, just to name just a few!

Thank you to all those who came to our Gumeracha market stall and purchased cakes when you have eaten those, we still have some available!

Interested in finding out more about what we do?

Please contact Dave on 0417 821 107 or Bruce on 0400 972 126.

THROUGH THE LENS COMPETITION NOW OPEN

Seniors Card members are being encouraged to get creative and submit their entries to the 2021 Through the Lens photographic competition.

Office for Ageing Well's Manager of the South Australian Seniors Card Program, Evlynn Hayes, said the annual competition forms part of this year's International Day of Older Persons celebrations.

"Through the Lens is a wonderful opportunity for Seniors Card members to share photos they have taken, which reflect their diverse lives and interests," Ms Haves said.

"The popular competition proves that older South Australians can harness the experience that comes with age to creatively express themselves, while also encouraging them to learn new

skills, develop new interests and discover new demonstrate ways to their individuality.

"This year, the judges are looking for good photographic technique, creativity and clear photographs. You don't need to have expensive equipment or years of photography experience; anyone can capture a moment in time and tell a story through a photo."

Finalists will receive prizes, including a large framed copy of their successful photo thanks to major sponsor, Atkins Photo Lab.

Through the Lens 2020 competition winner, Kay Jamieson, said the contest proves age does not limit creativity.

"I was thrilled to be a finalist and beyond delighted the judges then chose my photo as the winner," Ms Jamieson

said.

"A good photo is a result of bringing together some, or all, of the complex rules of photography: the rule of thirds, light, shape, lines, texture, patterns and colour. Sometimes, it's just being in the right place at the

right time." The Through the Lens photographic competition closes on Friday 30 July 2021, with finalists chosen across five categories, including landscape and nature, active ageing, artistic photography, meaningful connections and portrait.

Winners in all categories will be announced on Friday 1 October 2021.

For more information, contact the Seniors Card Unit in Office for Ageing Well on 1800 819 961 or visit www.sa. gov.au/seniorscard/photo



Special guests Ita Buttrose, National Ambassador Dementia Australia, Ian Henschke, National Seniors Australia Chief Advocate; and Carolanne Barkla, Chief Executive of Aged Rights Advocacy Service



Carolanne Barkla



July 15, 9am-1pm **Cornerstone College** in Mount Barker

After a year of change in our society and as we face new changes in the delivery of our aged care services, I would like to invite you to my Positive Ageing Forum on Thursday, July 15, to share information, resources and ideas to celebrate positive ageing.

Bookings essential at rebekhasharkie.com.au or call 8398 5566

Rebekha Sharkie MP Federal Member for Mayo





Gumeracha, Forreston & Kenton Valley

You are invited to join us for our next meeting on **Monday, 5th July** at **7.30 pm** in the Police Station, Albert Street, Gumeracha and stay for a cuppa with us afterwards!

If you would like more information please contact Paula on 8389 1395.

We would love to see you there!

Polystyrene Recycling at Heathfield Continued from page 1



Staff from the Heathfield Resource Recycling Centre using the polystyrene melting machine to shred, melt and shape polystyrene into bricks that will be recycled into other products.

According to the fact sheet on expanded polystyrene from the Australian Government's National Plastics Plan, single use consumer plastics (such as expanded polystyrene loose fill packaging, and foam food and beverage containers) will be phased out because they cannot be recycled. Sadly, advice for these products at the moment is to put them in your blue landfill bin. Likewise, if you cannot take your recyclable polystyrene to Heathfield, it too must go in the blue bin. Our power as consumers lies in reducing demand for nonrecyclable plastics, so making packaging part of the decision on your next purchase might have a greater impact than you think.

The Council also provides free kitchen caddy starter kits (with a roll of compostable bags) for organics, available from Council Service Centres at Norton Summit, Woodside, Gumeracha, and Stirling. The kitchen caddy is an easy and clean way to collect compost in the kitchen and transfer it to the green bin. From there it is taken to a commercial facility and processed into mulch. compost and soil. for use in horticulture, public parks and gardens.

The Heathfield Resource Recovery Centre is open seven days a week and will also take care of your 'general waste, paper and cardboard, green garden organics, construction and demolition materials, metals, whitegoods, oils, tyres, a s b e s t o s, electronic waste, gas cylinders, unwanted paint and household chemic als and mattresses' (Council website).

These are just a few ways we can reduce waste into landfill to support our beautiful Hills' environment. The Heathfield Resource Recovery Centre is operated by the Adelaide Hills Region Waste Management Authority on behalf of the Adelaide Hills Council, and is located at 32 Scott Creek Rd, Heathfield. For more information phone the Centre on 8339 432, visit the Council website www.ahc.sa.gov.au, or phone the Council on 8408 0400.



Expressions of interest are sought from suitably experienced and passionate people to assist the Mt Pleasant Farmers Market Board take the Market forward into its next exciting chapter.

After an initial period of training, the role will become permanent part time in a job share arrangement.

This opportunity has arisen because of the future planned retirement of the current Market Manager.

If you care about building our local community through the continued growth and development of the Farmers Market, and are passionate about supporting our local producers, then this may be the job for you.

Please send us a short story about yourself either in writing or in a video clip and share with us what your vision for our Farmers Market could be and what you can offer our Market.

If you have any questions, please do not hesitate to contact Genevieve on 0458 884 439.



HISTORIES OF SOUTH AUSTRALIA – from an Aboriginal Perspective

Recent news reports highlighted how poorly indigenous history is represented in our education system and this needs to change.

After a booked out workshop in April, the Hills Environment Centre is holding a second workshop on Histories of SA from an Aboriginal Perspective on August 17th from 9.30am to 1.30pm.

Histories of South Australia is a cultural engagement workshop taking participants through a guided art workshop and cultural role play, that simulates the changing cultural and social environment of post-invasion South Australia.

Participants are actively involved, thereby strengthening learning outcomes and



ensuring a strong foundation of empathetic understanding of indigenous culture.

Presented by **Kaurna man Corey Turner, owner of Southern Cultural Immersion**, the workshop will be a confronting and enlightening experience therefore invaluable to everyone working with community, in education, health and wellbeing, social justice and those who want to gain a better understanding of the changing Aboriginal Australian culture.

Histories of SA will be held at the Hills Environment Centre, 4 Crescent Drive, Norton Summit. The cost is \$30 (pre-paid when your booking is confirmed) and includes a light lunch. The numbers are limited for each session so register as soon as possible to confirm a place.

Register by email to events@hecinc.org.au



Woodside | 25 Onkaparinga Valley Road, Woodside · Telephone 08 8389 7989 Nairne | 121 Princes Highway, Nairne · Telephone 08 8366 2232

Watch out for wild mushrooms

As the weather turns colder and wetter, South Australians heading outdoors are reminded to not pick and eat wild mushrooms.

The Department for Health and Wellbeing's Scientific Services Branch Director, Dr David Simon, said while some wild mushrooms might look like common supermarket varieties or mushrooms popular overseas, ingesting them can cause serious illness or even death.

"Mushroom poisoning causes violent stomach cramps, nausea, vomiting and diarrhoea," Dr Simon said.

"It can take several hours for symptoms to appear and can last for up to three days. Poisoning from varieties such as the death-cap mushroom can cause serious liver damage, which can be fatal.

"These types of mushrooms commonly grow and thrive in wet weather conditions and we often see a surge in calls made by South Australians to the Poisons Information Centre coinciding with this time of year.

"Each year, around two-thirds of calls made to the hotline about mushroom poisonings involve children less than five years-of-age. Nine of the 14 cases handled by the hotline so far this year involved young chil-



dren and four of these were referred to hospital. "In 2020 there were 20 per cent more calls made about mushroom exposure to the Poisons Information Centre than the previous year, which may be attributed to more people being active outside when COVID-19 restrictions were in place."

Senior Botanist for the Botanic Gardens and Herbarium State of South Australia, Dr Teresa Lebel, said this year's mushroom season is expected to be bountiful, with ideal growing conditions after South Australia's particularly wet summer stimulating bumper growth in the still warm earth. "This is why it will be especially important this year to keep an eye on children and pets outside, as mushrooms are easily in reach and can look interesting and attractive to eat," Dr Lebel said.

"People should only eat mushrooms purchased from a reliable greengrocer or supermarket, as there is no simple way to tell if a mushroom is safe to eat or not, and even experts can have difficulty identifying certain species from each other.

"Even if a mushroom looks exactly like one you would pick up off a supermarket shelf or like other edible mushrooms people are familiar with from overseas, the best advice is not to eat them at all.

"One major problem is that species such as the death cap can be easily mistaken for the Stubble Rosegill Volvopluteus gloiocephalus, since the latter species is very similar to the Paddy Straw Mushroom Volvariella volvacea, a delicacy in Asian cuisine.

"In addition to the death cap, there are other wild mushrooms in Australia that have caused fatalities or can make you seriously ill, including species of Cortinarius and Galerina, and the ghost mushroom which is commonly mistaken for oyster mushrooms." If you suspect you or someone you know has eaten a wild mushroom, do not wait for symptoms to appear. Contact the Poisons Information Centre on 13 11 26 for advice and always call triple zero (000) in an emergency. If you suspect your pet has eaten wild mushrooms, seek veterinary attention immediately.



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